



# YOUR MENU

## STANDARD PACKED LUNCHES

ALL SANDWICHES ARE MADE WITH  
WHITE BREAD , WHOLEMEAL BREAD OR  
50/50 BEST OF BOTH BREAD

### CHEESE SANDWICH

WHEAT & MILK

### TUNA SANDWICH

WHEAT, EGG & FISH

### HAM SANDWICH

WHEAT

### JAM SANDWICH

WHEAT

### CHOCOLATE CRUNCH (MADE WITHOUT EGGS)

WHEAT

OR

### CUP CAKE

WHEAT & EGGS

OR

### YOGHURT

A PIECE OF FRUIT

BOTTLE OF WATER

MADE FRESH